

FEMALE BIOSCREEN EVALUATION™

A Systems-Based Read of Your Blood Chemistry

A comprehensive systems-based blood chemistry assessment designed to uncover hidden patterns affecting energy, metabolism, inflammation, thyroid function, cardiovascular health, and overall resilience.

CORE PHILOSOPHY

The system is broken. Your body isn't.

OUR APPROACH

We look for patterns of dysfunction before disease develops.

A DIFFERENT QUESTION

CONVENTIONAL APPROACH

Is this marker in range?

Most lab work is reviewed one marker at a time — asking only whether a single value falls inside a broad laboratory reference range.

OUR SYSTEMS APPROACH

What pattern emerges?

We evaluate how biomarkers interact — identifying patterns of stress, imbalance, and reduced resilience long before disease is diagnosed.

THE SEVEN SYSTEMS WE EVALUATE

Every marker is a data point. Every pattern is a communication.

01 Metabolic Health & Blood Sugar Regulation

CORE MARKERS

- Glucose (Blood)
- Hemoglobin A1c
- Insulin
- Triglycerides
- HDL Cholesterol
- Non-HDL Cholesterol

PATTERNS EVALUATED

Insulin resistance · Metabolic flexibility · Blood sugar stability · Energy regulation

02 Inflammation & Immune Regulation

CORE MARKERS

- C-Reactive Protein
- Fibrinogen Activity, Clauss
- Vitamin D, 25-OH, Total (D2 & D3)

COMPLETE WBC DIFFERENTIAL

- Neutrophils
- Lymphocytes
- Monocytes
- Eosinophils
- Basophils
- Band Neutrophils
- Blasts
- Myelocytes
- Metamyelocytes
- Promyelocytes
- Nucleated RBC
- White Blood Cell Count
- Reactive Lymphocytes
- Platelet Count
- Mean Platelet Volume (MPV)

PATTERNS EVALUATED

Chronic inflammation · Immune activation · Gut-driven & allergic patterns · Vitamin D sufficiency

03 Thyroid Function & Metabolic Communication

CORE MARKERS

- Thyroid-Stimulating Hormone (TSH)
- Free T4
- Free T3
- T4 (Thyroxine), Total
- Free T4 Index (T7)
- T3 Uptake
- Thyroid Peroxidase Antibodies (TPO)
- Thyroglobulin Antibodies

PATTERNS EVALUATED

Conversion efficiency · Autoimmune patterns · Hormonal communication

04 Iron Status, Oxygen Delivery & Cellular Energy

CORE MARKERS

- Ferritin
- Iron, Total
- Total Iron Binding Capacity (TIBC)
- Iron % Saturation
- Red Blood Cell Count (RBC)
- Hemoglobin (HGB)
- Hematocrit

RBC INDICES

- Mean Corpuscular Volume (MCV)
- Mean Corpuscular Hemoglobin (MCH)
- Mean Corpuscular Hemoglobin Concentration (MCHC)
- Red Cell Distribution Width (RDW)

PATTERNS EVALUATED

Iron status · Oxygen delivery · Nutrient sufficiency · Energy production

05 Liver Function & Detoxification Capacity

CORE MARKERS

- Alanine Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)
- Alkaline Phosphatase (ALP)
- Total Bilirubin
- Albumin
- Globulin (Calculated)
- Albumin/Globulin Ratio
- Protein, Total

PATTERNS EVALUATED

Detoxification burden · Protein status · Metabolic processing capacity

06 Kidney Function, Hydration & Electrolyte Balance

CORE MARKERS

- Blood Urea Nitrogen (BUN)
- Creatinine
- BUN/Creatinine Ratio
- Estimated Glomerular Filtration Rate (eGFR)
- Sodium
- Potassium
- Chloride
- Carbon Dioxide
- Calcium

PATTERNS EVALUATED

Hydration · Electrolyte balance · Kidney function · Stress physiology

07 Cardiovascular & Vascular Health

CORE MARKERS

- Total Cholesterol
- LDL Cholesterol
- HDL Cholesterol
- Triglycerides
- Non-HDL Cholesterol
- Total Cholesterol / HDL Ratio
- Homocysteine
- Fibrinogen Activity, Clauss
- C-Reactive Protein

PATTERNS EVALUATED

Cardiovascular risk patterns · Vascular inflammation · Endothelial health · Lipoprotein balance

WHAT YOU RECEIVE

Every evaluation includes clinical interpretation, not just a results printout.

Comprehensive Blood Chemistry Assessment

Across all seven systems

Personalized Report of Findings

A written document that is yours to keep

Functional Range Analysis

Not just standard laboratory ranges

One-on-One Clinical Review Session

To walk through the results together

Systems-Based Pattern Recognition

Across interconnected markers

Practical Recommendations & Next Steps

Tailored to the individual's patterns

IDEAL FOR INDIVIDUALS EXPERIENCING

Fatigue

Thyroid Concerns

Digestive Complaints

Weight Loss Resistance

Autoimmune Conditions

Hormonal Changes

Brain Fog

Elevated Cholesterol

Desire for Preventative Health Insight

Your Case Review

A comprehensive clinical read of your biology.

\$580

YOUR INVESTMENT

01 The Female BioScreen Evaluation™

Comprehensive blood chemistry assessment across all seven systems.

02 Clinical Interpretation Through the Pattern-Hierarchy Method

Reading how your markers connect — not simply whether each individual marker falls within range.

03 Your Report of Findings

A written, branded clinical document that is yours to keep and reference.

04 A Live Case Review Session

Walking through your results together, with room for your questions.

05 Your Roadmap Forward

A clear next step based upon what your patterns reveal and what level of support is appropriate for you.

CLINICAL PHILOSOPHY

We approach your lab work as a systems document — not a pass/fail checklist.

Every marker is a data point. Every pattern is a communication.

Our role is to read that communication clearly and help you understand what your biology is asking for. This evaluation is designed to help us understand those signals, identify underlying patterns, and create a roadmap toward greater resilience, regulation, and long-term health.